

## HOME RECREATION IDEA'S FOR YOU OR YOUR FAMILY! STAY SAFE

### THE PORT CHESTER RECREATION HAS CREATED

#### A LIST OF ACTIVITIES AND LINKS FOR THE WHOLE FAMILY.

##### PARENTS:

Please note some of these activities require adult supervision.

##### YOUTH:

Please sure to ask permission before gathering supplies, doing anything messy, doing anything noisy, using tools which require supervision, touching anything hot, moving furniture to make space for an activity etc.

1. Walk, ride bikes (adult supervision for safety and to keep social distancing)
2. Bake with an adult (adult supervision) [Click Here](#)
3. Let the kids raid your closet and put on a fashion show
4. Play Simon Says or Follow the Leader
5. Grab a deck of cards and teach your kids the simple joys of Rummy, Spit, or Slapjack
6. Make your own instruments, then lead a marching band in your living room [CLICK HERE](#)
7. Yoga, exercise [Click Here](#) [Another Option](#) (Active: Popsugar has made their ACTIVE app available for free, aiming to help users keep active during lockdown. Loaded with video workouts, photo tutorials, treadmill workouts and more)
8. Write a letter (on actual paper with actual pens and pencils) to out of town relatives or friends
9. Make a card (Birthday, Easter, Stay Safe, Mother's Day, Father's Day Thank a Health Care worker and other Essential Staff etc.)
10. Freeze Dance [Click Here](#)
11. Balloon Games – Blow up some balloons, toss 'em in the air and don't let them touch the ground or grab some paddles for balloon tennis
12. Play "I Spy" or "21 Questions"
13. Make paper bag puppets and put on a show (socks work too for puppets) [CLICK HERE](#)
14. Grab some sheets and make a good old fashioned fort. Perfect for playtime or naptime
15. Fill the kitchen sink with bath toys, give them a bottle of soap and let them have at it
16. Puzzles
17. Play-Doh
18. Charades
19. Hallway games – Red Light Green Light and Leap Frog
20. Decorate pinecones, paint flowers or leaf art
21. Build an indoor obstacle course, moving furniture and maybe some painters tape on the floor for the course – or chalk if you have space in your driveway/yard [CLICK HERE](#)
22. Family Scavenger Hunt –write up clues and hide them around your home [Click Here](#)
23. Have an indoor "camp out" sleeping bags board games, maybe some s'mores
24. Cook Dinner together
25. Hallway bowling –fill up water bottles and use any ball you have
26. Carnival games such as "knock Down the Milk Cans" (Tupperware is a god idea for this)
27. Inside Egg Hunt
28. Legos, Blocks, house of cards, paper airplanes

## LINKS TO ADDITIONAL IDEAS

USTA – AT HOME TENNIS AND COLORING PAGES

[Click Here](#)

NYS PARK & RECREATION – EXERCISE, TRAILS, AT HOME AND OUTSIDE ACTIVITIES

[Click Here](#)

Port Chester/Rye Brook Public Library

[Click Here](#)

Magical Memories Entertainment – Free Weekly Shows

Free Weekly Live Stream Playbacks:

Week 1: Burchard Magic Show [Click Here](#)

Week 2: Greg's One Man Circus: [Click Here](#)

[GoNoodle](#)

launched this page as a free resource while schools are closed. It includes movement and mindfulness videos, plus downloadable learning resources and ideas for off-screen activities for kids and their families to do at home.

Sesame Workshop, the makers of Sesame Street are offering a wide variety of free online resources for children throughout the pandemic. Part of the offer, which includes free shows and other items, includes a collection of 110 Sesame Street ebooks that are available to access on Apple Books and other services

[Audible](#) is providing hundreds of audiobooks for kids and teens for free, without a subscription. These include a number of classic works, such as Mary Shelley's Frankenstein and Chaucer's The Canterbury Tales, alongside fairy tales and foreign-language works. Audible is also now offering "Harry Potter and the Philosopher's Stone" as read by Stephen Fry for free. It provides over 9 hours of entertainment for Potter enthusiasts everywhere.

[Marvel Unlimited](#): If you're a fan of Spider-Man, Captain America, and the X-Men, Marvel's making them free until May 4th. Simply download the app and gain access to a curated collection of Marvel's best, with no need to make an account or enter any payment information

SiriusXM: SiriusXM recently announced that it's making its full lineup of Premier Streaming content available to users, free of charge and with no credit card requirements. You can listen on the iOS app, or head to the website on a PC.

[Netflix Party](#): The popular Google Chrome extension allows users to sync their Netflix accounts for free to watch movies and shows simultaneously while practicing safe social hygiene and social distancing.

## VIRTUAL FIELD TRIPS

[Over 30 different virtual field trips](#)

[The Brooklyn Public Library's](#) regular Virtual Story Time Khan Academy Kids Busy Toddler (creative and educational screen-free activities) Days with Grey (creative and educational screen-free activities)